

HEWAGE GAYANI DABARE

📍 Singapore | 📞 +65 8193 2246 | ✉️ gayanidabare96@yahoo.com

Healthcare Assistant | Nursing Assistant | Patient Care | Therapy Assistant

Professional Summary

Compassionate and reliable Healthcare Assistant with over 2.5 years of caregiving experience, 4+ years of Nursing Assistant experience, and 3 years of hospital receptionist experience. Skilled in patient hygiene, vital signs monitoring, mobility assistance, infection control, and supporting nurses in ward care. Dedicated to delivering high-quality patient care while maintaining safety, dignity, and professionalism.

Core Skills

Patient Care • Vital Signs Monitoring • Elderly & Dementia Care • Infection Control
Personal Care Assistance • Medical Records Handling • Communication • Teamwork • Time Management

Clinical Competencies

- Patient hygiene and personal care
- Vital signs monitoring
- Infection prevention and control
- Assisting nurses in ward care
- Patient safety and observation
- Accurate documentation and reporting

Work Experience

Healthcare Assistant

Active Global Caregiver | Jun 2023 – Present

- Provide personalized care for elderly clients, including bathing, feeding, dressing, and grooming.
- Monitor vital signs and overall patient condition, reporting changes to supervisors or nurses.
- Assist with mobility, daily activities, and therapy sessions to support physical and mental well-being.
- Support therapy assistants and nursing staff in carrying out patient care plans.

- Ensure a safe, clean, and comfortable environment for all patients.

Receptionist

Lanka Hospital | Jan 2021 – Jun 2023

- Managed front desk operations, ensuring smooth workflow and professional patient service.
- Scheduled and coordinated patient appointments, follow-ups, and medical consultations.
- Responded to patient inquiries in a courteous and professional manner.
- Maintained and organized confidential patient records with accuracy.
- Processed insurance claims and assisted patients with billing and documentation.

Nursing Assistant

Lanka Hospital | Aug 2016 – Jan 2021

- Assisted nurses with patient care, including personal hygiene, feeding, and mobility support.
- Monitored patient conditions and promptly reported changes to nursing staff.
- Maintained a safe, clean, and comfortable environment for all patients.
- Ensured medical equipment and tools were properly cleaned and organized.
- Supported daily ward operations to enhance patient comfort and well-being.

Education

Nursing Assistant Diploma – NAITA (2016 – 2017)

Human Resource Management – London TEC City Campus (2019 – 2020)

Diploma in Computer Studies – The Future Key (2012 – 2013)

ITE SKILLS CERTIFICATE IN HEALTH CARE (HOME CARE) – ITE College in Singapore

Languages

English – Intermediate | Tamil – Intermediate

Reference

Christina Pillantran

Senior Staff Nurse –Active Global @ Ghim Moh Edge Active Ageing Centre (Care)

 christina@activeglobalcaregiver.com

 8102 3064

Conclusion

Passionate about healthcare services and caring for patients with compassion and dedication.
Committed to supporting individuals who are sick or in need of assistance while ensuring comfort, safety, and dignity in patient care.